



CHIANCIANO TERME - ITALY

INTERNATIONAL SABRE CAMP



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We are waiting for you in Chianciano Terme in the heart of Italy, surrounded by the beautiful Tuscan hills declared a UNESCO heritage site, for the **International Sabre Camp 2026 from 31 July to 9 August**, a vacation dedicated to a high level fencing preparation.

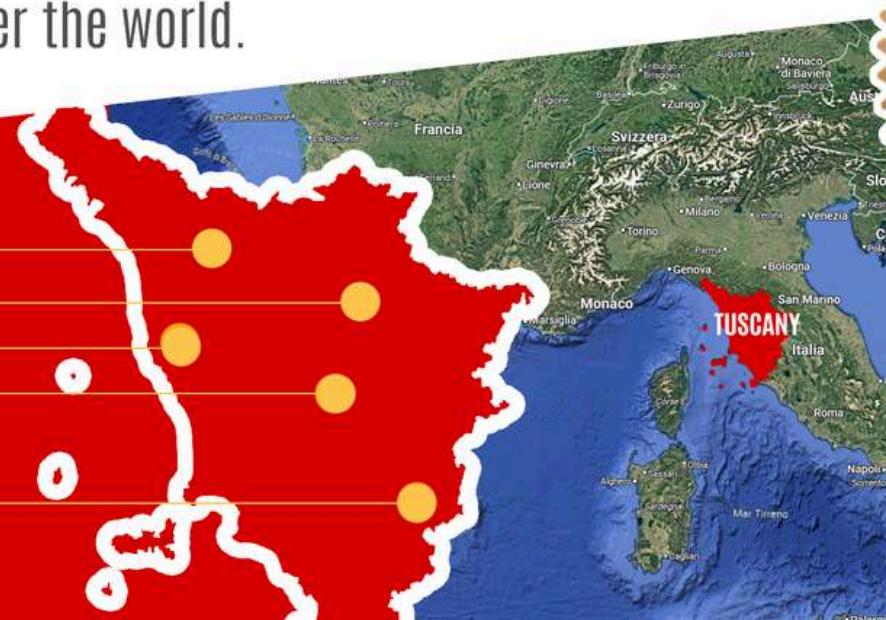


Considering the large number of nationalities and the large number of valuable coaches, our sleep away summer camp pursues the varied experience with different fencing schools in the world both through the different training methods in the group meetings, the individual ones and in the direct bouts that they will have during the camp.

Also, the social component is very solid, the athletes having the opportunity to interact with others from all over the world.

Lucca
Firenze
Pisa
Siena

Chianciano Terme



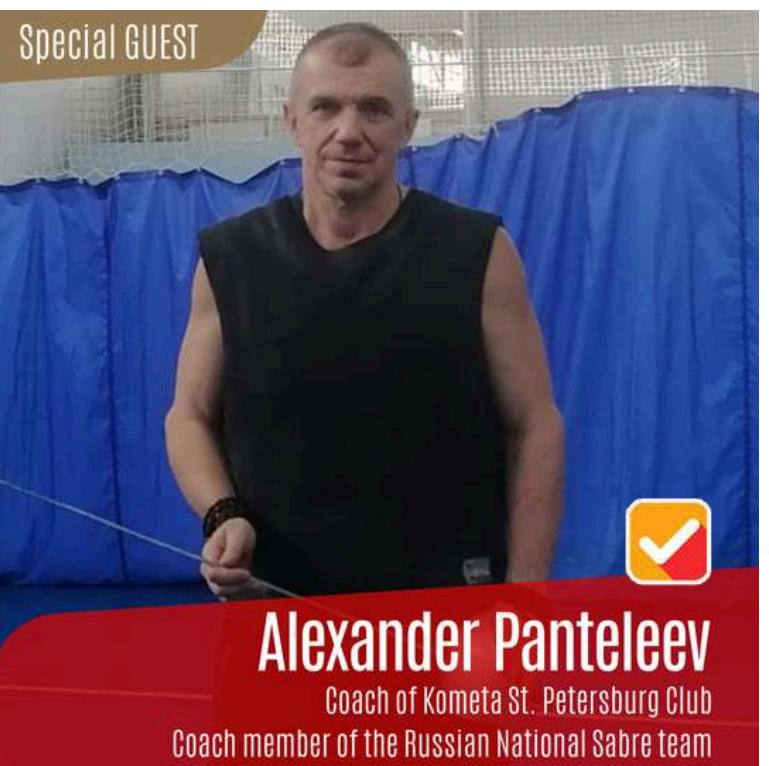
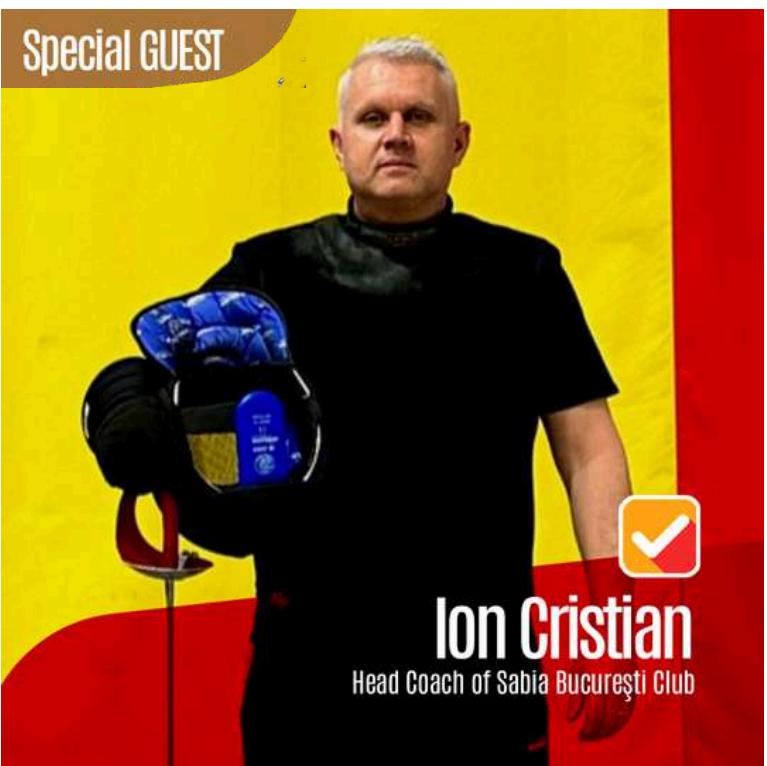
In 2025
at our camp took
part 280 athletes
from 32 different
countries!





High level
fencing preparation
thanks to the presence
of large number
of valuable coaches

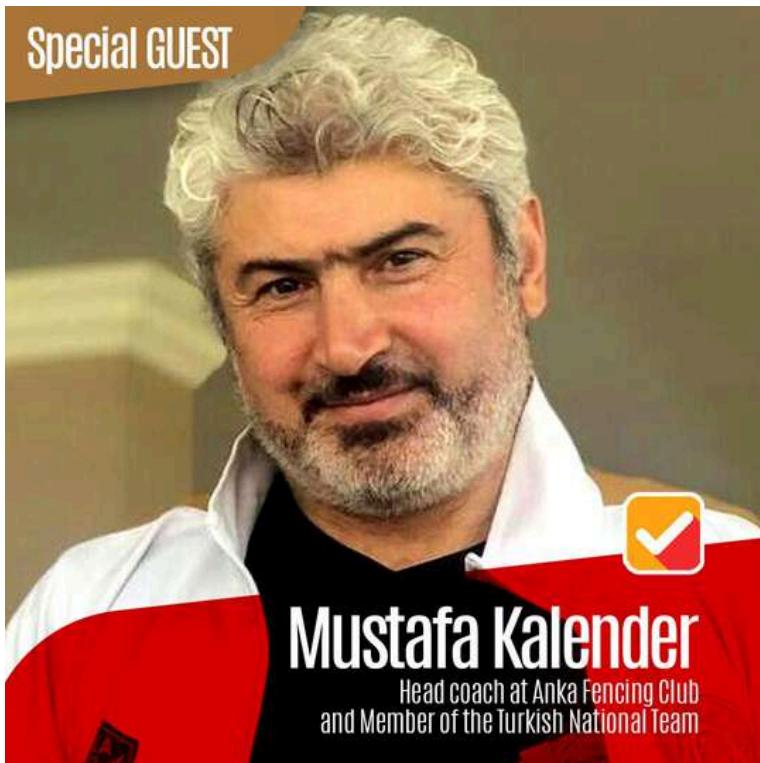
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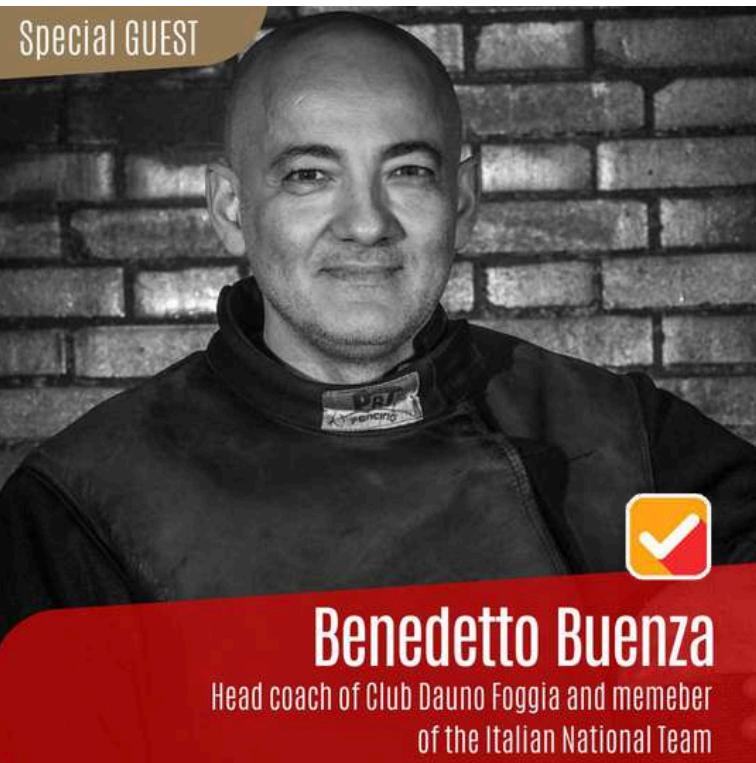
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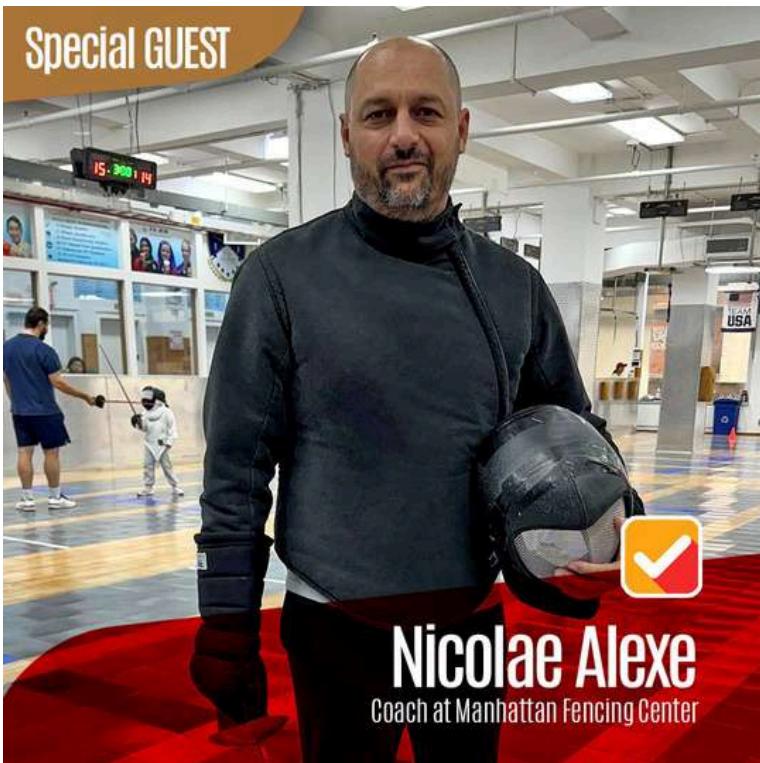
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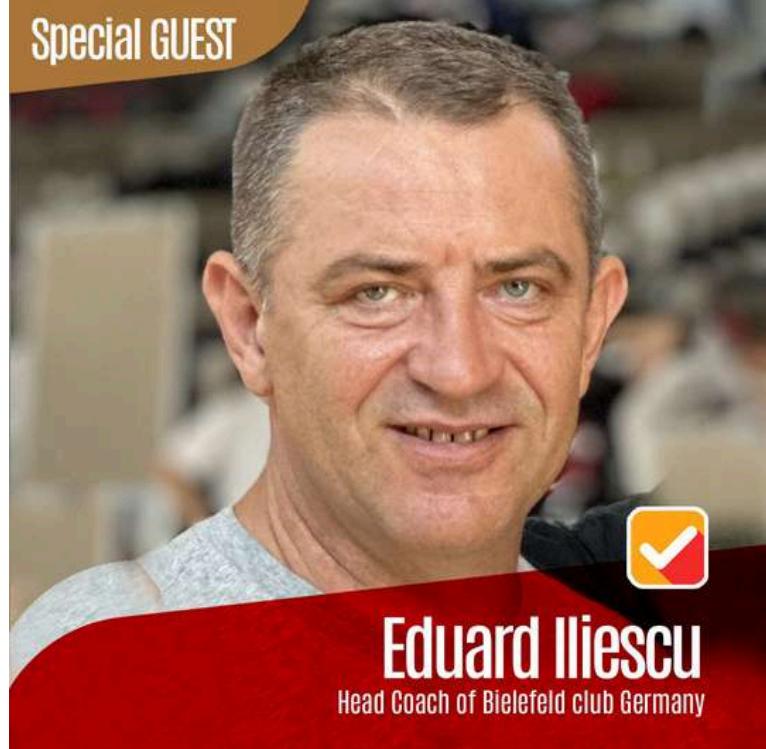
Special GUEST



Michael Costin

Coach at Avant Garde Fencing Club in Los Angeles

Special GUEST



Eduard Iliescu

Head Coach of Bielefeld club Germany



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The program will contain specific physical preparation and saber fencing footwork, components led by each of the invited coaches and bouts. We will also organize a competition for all participants, by age category.

In the free time between classes or in the evening after dinner, meetings are held in hotel lobbies where the athletes play chess, books, table tennis, etc. The program of the camp will be made together with all coaches and announced with 2 weeks before the camp. The teams will be accommodated in several hotels in Chianciano Terme, within walking distance to the fencing hall. Each coach will supervise and takes care of his own team. Athletes who come to the camp without coaches or parents will be under the supervision of the manager.

A medical assistant will be present in the camp, 24 hours / day.

The fencing hall are equipped with top fencing equipment, provided by Federscherma.

 Daily sessions of athletic preparation

 Technical and tactical training

 Moments of leisure and relaxation

 Gruop lessons

 Specific fencing work

 Hig level sparring



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Athletes must have competitive fencing equipment according to the FIE rules:

Fencing Jacket 800N/350N
Pants 800N/350N
Underarm protector 800N/350N
Saber fencing Mask 1600N
Saber fencing Glove 800N/350N.

The Camp includes:

- accommodation in 3-Stars Hotel
- 3 meals/day (highly appreciated menu in the past): breakfast, lunch and dinner
 - training
 - competition
- 2 outdoor swimming pools

Extra charge:

- optional trip to one of the nearby cities
- transfer services • individual lessons

For further information, kindly contact
internationalsabrecamp@gmail.com