



European Fencing Confederation
Confédération Européenne d'Escrime

Webinar Series dedicated to Athletes

Webinar 2: Educational opportunities for athletes

Ekaterina Gorokhova
EFC Athletes' Commission Consultant
10/03/2022



European Fencing Confederation
Confédération Européenne d'Escrime

**Educational online courses
and other opportunities for
athletes**

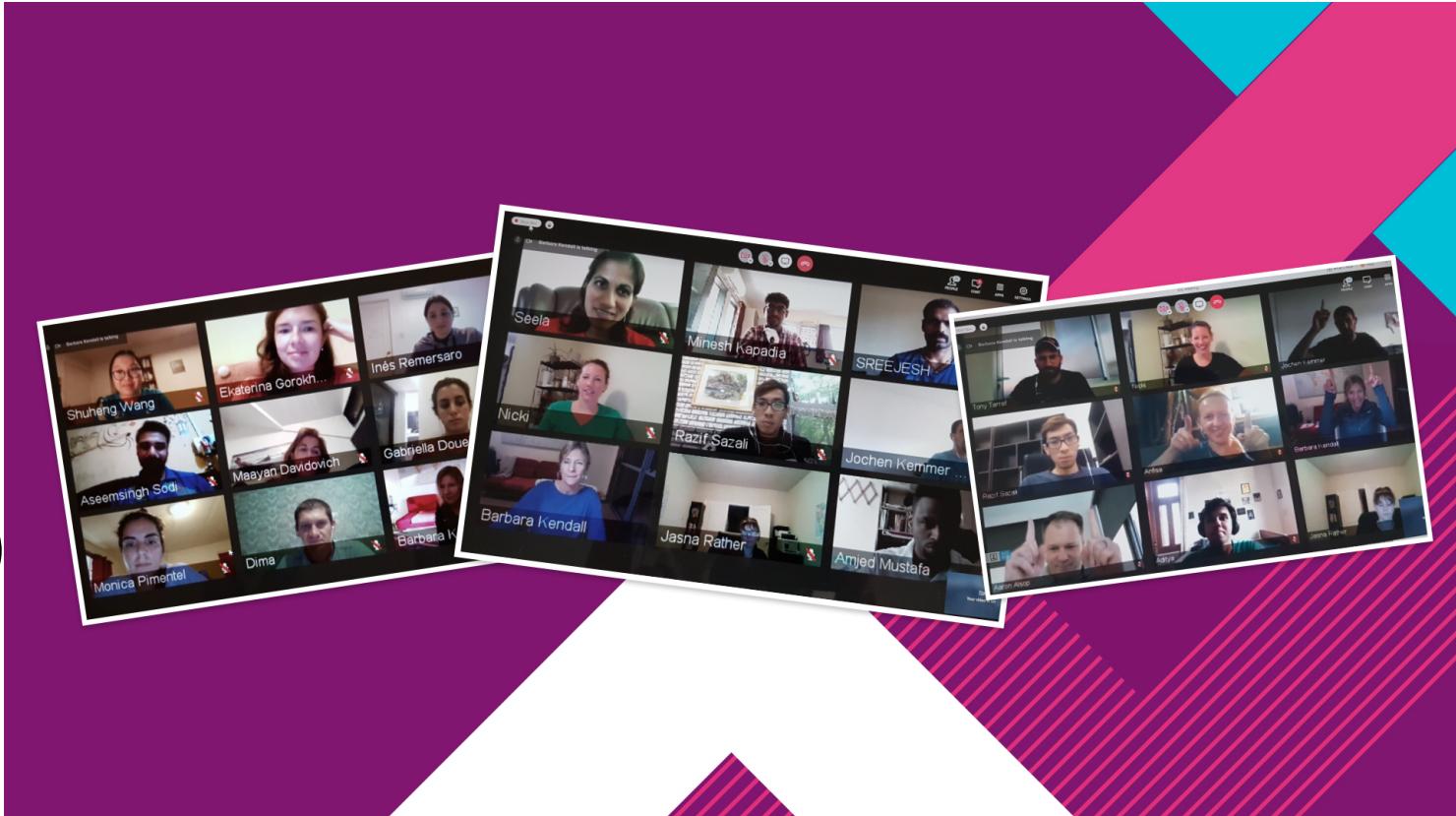


European Fencing Confederation
Confédération Européenne d'Escrime

The Athlete365 Career+ Power Up

Self-discovery journey to grow and develop an understanding of yourself and help athletes explore their future career choices.

- Delivered in four sessions (4 days)
- Different languages are available



<https://olympics.com/athlete365/what-we-do/career/careerplus/power-up-online-workshops/>



European Fencing Confederation Confédération Européenne d'Escrime

Online short courses on Athlete365



MULTIPLE LANGUAGES

Sports Media

Drawing upon the expertise of our team of sports media specialists, this course will teach you how to engage with different media channels, maintain an online presence, attract sponsors and the best practices in responding to situations that could be damaging to your image.

[ACCESS COURSE](#)



MULTIPLE LANGUAGES

Understanding Sports Injuries

Previous injury, fatigue or poor movement skills are just some of the factors that can contribute to an injury. Understanding how to manage these and how best to prepare your body for your sport will be key if you want to perform at your best in training and in competition.

[ACCESS COURSE](#)



MULTIPLE LANGUAGES

Sports Psychology

Dr Amira Najah will help you to make the most of getting in the zone in this course on sports psychology. You will understand what it takes to achieve an optimal performance and learn techniques to help you cope with the pressure of elite-level sport.

[ACCESS COURSE](#)



MULTIPLE LANGUAGES

Athletes' Agreements

This learning course gives athletes an express understanding of agreements that provide a framework for sports organisations and their athletes to effectively work together to their mutual benefit.

[ACCESS COURSE](#)



MULTIPLE LANGUAGES

Boardroom Ready

Double Olympic gold medallist and Former IOC Athletes' Commission Chair, Kirsty Coventry provides personal insight and advice on how to make the transition from sport to the boardroom.

[ACCESS COURSE](#)



MULTIPLE LANGUAGES

Career Transition

For some, this transitional period can be a challenging time, especially as they move from a structured, directed and purposeful career to one that is somewhat unknown. But fear not, thousands of athletes make this transition every year and with this, comes success stories and lots of valuable insights.

[ACCESS COURSE](#)



ENGLISH

Professional Sports Management

Professional sport management is a complex, constantly evolving industry. Within this course, we cover the fundamentals of the business of sport and provide you with the knowledge and skills to pursue a career within the industry.

[ACCESS COURSE](#)



MULTIPLE LANGUAGES

Sport Event Management

Dr Benoît Séguin and Dr Milena Parent provide you with a behind-the-scenes look at what it takes to plan and host a sporting event. You'll learn about business plans and financing and will come away with the tools to succeed in sport event management.

[ACCESS COURSE](#)



MULTIPLE LANGUAGES

Sports Coaching

Our team of experts provide you with an in-depth understanding of the skills required to become an outstanding sports coach. From learning to effectively communicate to creating a positive environment for your athletes, this course acts as a comprehensive toolkit for sports coaching.

[ACCESS COURSE](#)



European Fencing Confederation
Confédération Européenne d'escrime

Athlete365 Business Accelerator



[https://olympics.com
/athlete365/courses/
business-accelerator/](https://olympics.com/athlete365/courses/business-accelerator/)



MULTIPLE LANGUAGES

Athlete365 Business Accelerator

The Business Accelerator programme will help and guide you over the coming months in your pursuit to set-up your own business in a sustainable way, by taking into account the United Nations' Sustainable Development Goals (SDGs).

ACCESS COURSE



European Fencing Confederation
Confédération Européenne d'Escrime

World Olympians Association

WOA is creating a range of benefits for Olympians. It has secured online university scholarships, mentorships, job placements and life coaching programmes for Olympians assisting them transition to a life beyond competitive sport following retirement.

<https://olympians.org/>





European Fencing Confederation
Confédération Européenne d'Escrime

International Olympic Academy

INTERNATIONAL SESSION
FOR YOUNG OLYMPIC AMBASSADORS

<https://ioa.org.gr/>





European Fencing Confederation
Confédération Européenne d'Escrime

International Olympic Academy

- INTERNATIONAL SESSION FOR OLYMPIC MEDALLISTS AND OLYMPIANS
- INTERNATIONAL SEMINAR ON OLYMPIC STUDIES FOR POSTGRADUATE STUDENTS





European Fencing Confederation
Confédération Européenne d'Escrime

Thank you for your attention!

Ekaterina Gorokhova
EFC Athletes' Commission Consultant
egorokhova90@gmail.com